



Let's Talk About Disability



Easy Read Summary – February 2026

Summary



[Haki Collective](#) is a Community Interest Company (CIC) that works on **racial and disability justice**, and is shaped by lived experiences of racism and ableism.



In 2025 the Haki Collective ran some "Let's Talk about Disability" workshops to talk about **disability justice, ableism and racism**. This document is an easy read summary about the workshops.



This is an **easy read summary** about the things that were discussed in the workshops.

Keywords



Disability Justice means making society fair by recognising disabled people's experiences, removing barriers, and ensuring everyone is included and respected.



Ableism means treating disabled people unfairly by assuming they are less capable or valuable than non-disabled people.



Racism means treating people unfairly because of their race, skin colour, or cultural background.



Global Majority refers to people who are Black, Asian, Brown, dual-heritage, Indigenous, or from ethnic groups who make up most of the world's population.



Representation means making sure people from different communities are seen, heard, and included in decisions that affect their lives



Lived Experience means the personal knowledge and insight someone gains from going through something themselves. Sharing this with others can be used to help shape and improve things.

Let's Talk About Disability



The "Let's Talk about Disability" workshops were held between October and December 2025. There were five online workshops for **Black and global majority disabled individuals, activists, and allies.**



The sessions **explored disability justice, focusing on language, power, and representation.** They highlighted the daily impact of racism and ableism and called for action to tackle it.



Sessions boosted confidence in disability justice. **Language, representation, access, care, community and valuing experiences were key issues** discussed.

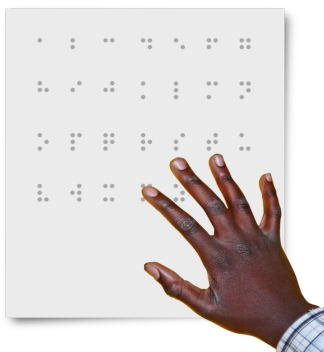
Disability Justice



Black and global majority disabled individuals are often excluded. A gap exists in exploring disabled people's full lives, including relationships.



The sessions aimed to change this by focusing on Black and global majority voices. It linked **disability justice with racial justice** and looked at the history of the disabled people movement.



Access was prioritised with a clear and supportive facilitation. One person said they felt less alone and ready to join movements for equity.

Better Representation



Participants recognised the **limitations of a medical model and understanding of disability** and that language plays a big role. They highlighted the connection between racism and ableism in healthcare.



Participants appreciated not needing to explain experiences and feel connected. In the final session, **they requested practical tools and resources.**



They asked for **guidance on accessible and anti racist language.** They wanted ongoing spaces for learning and support.

Valuing Lived Experience



People valued facilitation that focused on lived experience.

Access and compensation should be included from the start. Organisations want clear ways to move from learning to practice. These lessons will guide the next phase of work.



In 2026, Haki Collective wants to continue this work. They plan to deepen conversations and create practical resources.



They aim to help organisations use what they learn in practice. The goal is to **move from talking to action**, while keeping care and access central.

About



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This Easy Read summary was created and checked by [York People First](#) using the [Photosymbols EasyMaker](#) in February 2026.

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